

## Executive Coaching



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NNC is renowned for our coaching approach which focusses on mindset and beliefs, as opposed to more traditional capability or skills coaching.

We draw on a diverse range of disciplines to develop a deep understanding of an individual's 'map of the world' and how this relates to the context within which they operate.

Individuals are supported in their behavioural change, whether through addressing limiting beliefs or identifying strategies and tactics that improve their leadership capability and relationships with others.

NNC integrates a variety of methodologies within our coaching.



**Emotional Intelligence** 

El has been linked to higher performing and more culturally aligned workplaces.



Neuro-Linguistic **Programming** 

Minimises conflict, encourages changed behaviours and leads to the successful achievement of goals.



**Transformational** Coaching

Strengths approach to coaching that has people self-evaluate and own their own development plan.



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